

Important information

for your visit and when
using our swimming
pool facilities

How to avoid
accidents while
swimming.

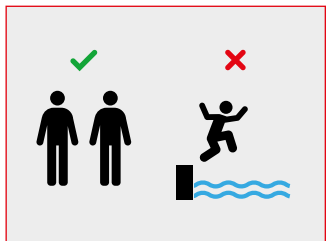


Dear pool users,

we hope you have fun and a refreshing time when using our swimming pools. However, please bear in mind that swimming can be dangerous. Non-swimmers or poor swimmers can drown – especially children and young people.

So please read this information carefully in order to avoid accidents while swimming.

Information for your safety



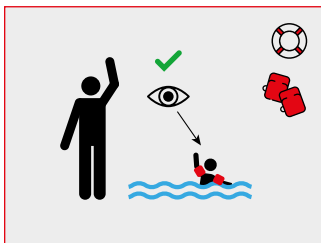
Can't swim?
Then don't enter the swimming pool **on your own**.
Don't jump into the water.



Everyone is responsible for **looking after themselves**.
Use of our swimming pool is **at your own risk**.

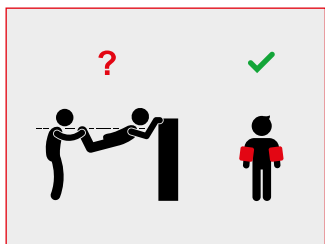


In the event of an **emergency**, shout loudly for help.



Look after your own **children** and always keep an eye on very young kids.
Children can drown even in very shallow water.
Buoyancy aids (e.g. **arm bands or inflatable rings**) do not prevent drowning.





Has your child had swimming lessons yet?

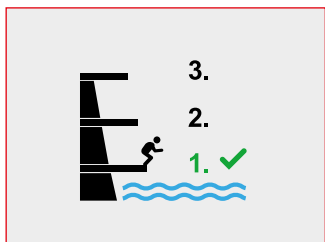
Swimming lessons are great but your child still lacks experience.

It is not until they are about 8 years old that most children have enough experience and are reasonably safe when swimming.



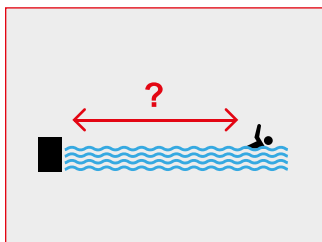
Can't find your child?

First **check the water**, then ask our **pool assistants** for help.



Want to use our **diving tower**?

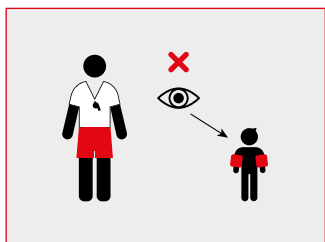
Please start with the **lowest diving board**.



Do not swim **too far out**.

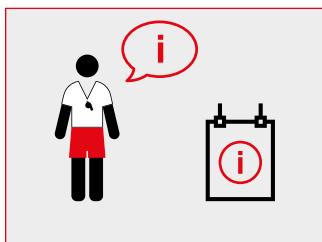
You need to conserve enough energy to swim back.

Our life guards



All our swimming pools are patrolled by life guards.

The life guards are available for **emergencies**, but their role is **not to supervise children**.



Always follow our life guards' **instructions**.

They are given for **your own safety**.

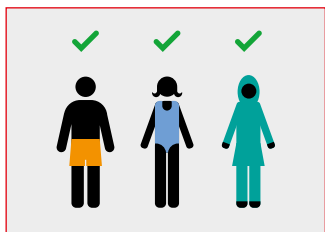
General health and hygiene information



Are you feeling unwell?
If so, please **do not enter** the swimming pool.



Always have a **shower** before going for a swim.



Wear your own **swimwear** to go swimming, such as trunks or a swimsuit.
Only special swimming bikinis are permitted.



Just had a meal or snack?
Then don't go straight back in the water, **but wait a while** after eating.



In the event of a **thunderstorm**, leave the water immediately.

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